



2010 :::::

Benton-West Frankfort League Schedule

Revision 1/13/10

| Start Time | Court | At First Baptist (West Frankfort) | At New Life (Benton) |
|--|-------|---|-----------------------------|
| Week 1 Saturday, January 23, 2010 | | | |
| 9:00 | A | First Baptist League Games don't start until 1/30/10. | Eagles vs. Cougars |
| 10:00 | A | | Cougars vs. Falcons |
| 11:00 | A | | Tarheels vs. Badgers |
| 12:00 | F | | Lakers vs. Cavs |
| 1:00 | F | | Lady Knights |
| Week 2 Saturday, January 30, 2010 | | | |
| West Frankfort League's First Game | | | |
| 9:00 | A | K Cougars vs. Tigers | Blues vs. Cougars |
| 9:00 | B | Eagles @ Blackhawks | Bulls vs. Falcons |
| 10:00 | A | Blackhawks vs. Longhorns | Cardinals @ Badgers |
| 10:00 | B | Tarheels @ Bulldogs | |
| 11:00 | A | Redbirds vs. Steelers | Lady Redbirds vs. Lady Nets |
| 11:00 | B | Lady Pumas vs. Lady | |
| 12:00 | F | Showtime vs. Lakers | Wildcats @ Cavs |
| Week 3 Saturday, February 6, 2010 | | | |
| 9:00 | A | Tigers vs. K Cougars | Longhorns @ Eagles |
| 9:00 | B | Falcons vs. Blues | Blackhawks @ Cougars |
| 10:00 | A | Falcons @ Bulls | Steelers @ Tarheels |
| 10:00 | B | Badgers @ Redbirds | |
| 11:00 | A | Cardinals vs. Bulldogs | Lady Pumas @ Lady Nets |
| 11:00 | B | Lady Knights @ Lady RBirds | |
| 12:00 | F | Cavs @ Showtime | Wildcats @ Lakers |

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|---|-------|-----------------------------------|----------------------------|
| Week 4 Saturday, February 13, 2010 | | | |
| 9:00 | A | K Cougars vs. Tigers | Blackhawks @ Falcons |
| 9:00 | B | Cougars @ Longhorns | Bulls @ Eagles |
| 10:00 | A | Blues vs. Longhorns | Redbirds @ Tarheels |
| 10:00 | B | Cardinals vs. Steelers | |
| 11:00 | A | Lady RBirds vs. Lady Pumas | Bulldogs @ Badgers |
| 11:00 | B | None | |
| 12:00 | F | Showtime vs. Wildcats | Lady Knights vs. Lady Nets |
| 1:00 | F | *** None at WF *** | Lakers vs. Cavs |
| Week 5 Saturday, February 20, 2010 | | | |
| 9:00 | A | Tigers vs. K Cougars | Longhorns @ Falcons |
| 9:00 | B | Blackhawks vs. Bulls | Eagles @ Cougars |
| 10:00 | A | Blues vs. Bulls | Steelers @ Badgers |
| 10:00 | B | Tarheels @ Cardinals | |
| 11:00 | A | Redbirds vs. Bulldogs | Lady Pumas @ Lady Knights |
| | B | Lady Nets @ Lady RBirds | |
| 12:00 | F | Cavs @ Wildcats | Showtime @ Lakers |
| Week 6 Saturday, February 27, 2010 | | | |
| 9:00 | A | K Cougars vs. Tigers | Bulls @ Cougars |
| 9:00 | B | Eagles @ Blues | Longhorns @ Falcons |
| 10:00 | A | Blues vs. Blackhawks | Bulldogs @ Tarheels |
| 10:00 | B | Badgers @ Cardinals | |
| 11:00 | A | Steelers vs. Redbirds | Lady RBirds @ Lady Knights |
| 11:00 | B | Lady Nets @ Lady Pumas | |
| 12:00 | F | Lakers @ Wildcats | Showtime @ Cavs |

Green = wear green side of jersey.
 Blue = wear white side of jersey.
 Cheerleading squads do not travel and are always at home.

| Start Time | Court | At First Baptist (West Frankfort) | At New Life (Benton) |
|--|-------|-----------------------------------|-----------------------------|
| Week 7 Saturday, March 6, 2010 | | | |
| Benton League's Last Game | | | |
| 9:00 | A | Tigers vs. K Cougars | Blues @ Eagles |
| 9:00 | B | Cougars @ Longhorns | |
| 10:00 | A | Falcons @ Bulls | Blackhawks @ Eagles |
| 10:00 | B | Bulldogs vs. Cardinals | |
| 11:00 | A | Redbirds vs. Steelers | Tarheels vs. Badgers |
| 11:00 | B | Lady Pumas vs. Lady RBirds | |
| 12:00 | F | Showtime vs. Wildcats | Lady Nets vs. Lady Knights |
| 1:00 | F | *** None at WF *** | Lakers vs. Cavs |
| Sunday, March 6th, 2010 ■ Benton Awards Night 6:00 PM | | | |
| Week 8 Saturday, March 13, 2010 | | | |
| 9:00 | A | K Cougars vs. Tigers | New Life League Ends 3/6/10 |
| 9:00 | B | Blackhawks vs. Bulls | |
| 10:00 | A | Blues vs. Longhorns | |
| 10:00 | B | Bulldogs vs. Steelers | |
| 11:00 | A | Cardinals vs. Redbirds | |
| 11:00 | B | Lady Redbirds vs. Lady Pumas | |
| 12:00 | F | Showtime vs. Wildcats | |

Concessions are available each game with snacks & hot food, including BREAKFAST & LUNCH items!

Become a fan of New Life Upward on

For cancellations, team updates, game photos & other Upward News
 Visit our Facebook page!

To join, go to: www.nlcg.org

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